

LIFE PLANNING

When planning for the future with a person with a disability, there are several areas of life to think about and plan for.

- Home
- Learning / education
- Relationships / affiliations
- Employment
- Health & Well-being
- Lifestyle

By reviewing each of these life domains (see chart below) and asking how they fit the person's lifestyle, you will begin to see the future emerging.

You will also have some areas of critical concern to review.

- Unique Information
- Decision-making
- Communication
- Values and beliefs

Once you plan for these areas, you may create a Letter of Intent to make your wishes known to others.

Life Domains

